

CHAMPION FORCE CHEERLEADING

Champion Force Youth Scholarship Foundation
A 501(c)3 under the Internal Revenue Service

Registration and First Class

August 29, 2017

In case of inclement weather, you may register the following week. Classes are held every TUESDAY for 45 minutes for approximately 16 weeks.

CLASSES HELD AT:

Good Shepherd UMC

6050 Summer Ave.

Memphis, TN 38134

CLASS TIMES:

★ Division 1 (ages 4-6) @ 5:30 p.m.

★ Division 2 (ages 7-9) @ 6:15 p.m.

★ Division 3 (ages 10+) @ 7:00 p.m.

★ See coach regarding higher divisions.

Uniforms and Poms may be ordered at class.

★ No experience necessary!

★ Have fun & make new friends!

★ Promotes physical fitness!

★ Develops teamwork skills!

★ Builds self-confidence!

Registration and First Class

August 31, 2017

In case of inclement weather, you may register the following week. Classes are held every THURSDAY for approximately 16 weeks.

CLASSES HELD AT:

Good Shepherd UMC

6050 Summer Ave.

Memphis, TN 38134

CLASS TIMES:

★ Little Dragons (ages 4-6) @ 6:30 p.m.

★ Ages 7+ @ 7:30 p.m.

★ Optional tournaments & seminars.

Uniforms may be ordered at class.

Safety Awareness Lessons

- ★ VERBAL DEFENSE
- ★ HOME ALONE
- ★ MEGAN'S LAW
- ★ FAMILY RULES
- ★ OUTSIDE RULES

Stranger Danger Lessons

- ★ GOOD PERSON OR BAD PERSON?
- ★ COMMON LURES
- ★ STREET SKILLS/ESCAPES

Bully Awareness/Defense Lessons

- ★ WHAT IS BULLYING?
- ★ ANTI-BULLYING SKILLS
- ★ CYBER BULLYING

CHAMPION FORCE MARTIAL ARTS

CHAMPION FORCE YOUTH SCHOLARSHIP FOUNDATION
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SAFETY AWARENESS & SELF DEFENSE

"A dedicated FORCE empowering youth"

- Late registrations accepted.
- Programs are for boys and girls ages 4-18.
- Registration is on-site with our instructors.
- Classes are pay as you go.
- There is a non-refundable registration fee of \$10.00 due at sign-up.
- NO personal checks. Debit/credit, cash, or money order accepted.

Contact Champion Force Athletics today to find a class near you!

★ 1 (615) 435-3617 ★ www.championforce.com ★ Champion Force of Tennessee



We are expanding! Interested in coaching? Visit championforce.com/job-opportunities.